# THEATRE ARTS MACKAY DANCE EXCELLENCE

## ADULT DANCE CLASSES



# FUN FITNESS PERSONAL GAIN

## THEATRE ARTS MACKAY DANCE EXCELLENCE DANCE DANCE DANCE DANCE DANCE DANCE DANCE

#### ADULT DANCE CLASSES

#### BALLET JAZZ TAP COME ALONG AND JOIN US FOR SOME FITNESS AND SOME FUN!!!! 45MIN CLASSES SEE YOUR PRICING PACKAGES BELOW

1 X SUBJECT \$10.00 / CLASS 2 X SUBJECTS \$18.00 / WEEK 3 X SUBJECTS \$24.00 / WEEK

\$10 PAY AS YOU ATTEND PER CLASS

\$10 REGISTRATION FEE ALL FEES WILL BE INVOICED PER 10 WEEK SCHOOL TERM

> ENROLMENT IS VIA OUR WEBSITE tamde.com.au

THEATRE ARTS MACKAY DANCE EXCELLENCE IT'S YOUR TIME TO SHINE!!!

### **ADULT BALLET** MONDAY 6:00 - 6:45PM



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ADULT JAZZ/FITNESS MONDAY 6:45 - 7:30PM



ADULT TAP THURSDAY 7:30 - 8:15PM THEATRE ARTS MACKAY DANCE EXCELLENCE

### LET'S HAVE SOME FUNIII

## WHAT TO WEAR

FEEL FREE TO WEAR WHATEVER YOU FEEL COMFORTABLE IN. ACTIVE WEAR, BIG BAGGY T SHIRTS ETC.

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APPROPRIATE FOOTWEAR TO SUIT YOUR SUBJECT

#### BALLET: BALLET SHOES JAZZ: JAZZ SHOES OR JOGGERS TAP: TAP SHOES

THESE CLASSES ARE DESIGNED FOR FUN AND FITNESS. WE WILL BE LEARNING ALL CORRECT STRENGTHENING EXERCISES AND TECHNIQUE

YOU DO NOT NEED TO HAVE DANCED BEFORE

